


















# WEEK 1 MENU

w/c- 29/08, 19/09, 10/10, 31/10,  
21/11, 12/12



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY	STREET FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Sausage & Onion Gravy	Chilli Con Carne	Roast Chicken	Macaroni Cheese 	Oven Baked Breaded Pollock
Main 2	Grilled Quorn Sausage with rich braised onion Gravy 	Vegetable Quesadilla 	Roasted Quorn Fillet & Roasted Onion and Tomato Gravy 	Shepherdess Pie 	Falafel & Sweet Potato Hummus Salad Wrap  
Carbohydrates	Mashed Potato Wholemeal Penne Pasta 	Warm Lemon Cous-Cous or Wholemeal Penne Pasta 	Roasted Potatoes or Wholemeal Penne Pasta 	Dry Baked Wedges or Wholemeal Penne Pasta 	Oven Baked Chips
Vegetables	Broccoli Garden Peas 	Garden Peas Roasted Peppers 	Fresh Glazed Carrots Savoy Cabbage 	Broccoli Sweetcorn Mixed Salad 	Garden Peas Baked Beans  Mixed Salad
Desserts	Chocolate and Kale Brownie  Selection of Yoghurts	Honey Krispie Cake Selection of Yoghurts	Peach Crumble and Ice Cream Selection of Yoghurts	Apple Shortbread Fresh Fruit Wedges Selection of Yoghurts	Mango Frozen Yoghurt Selection of Fruit Yoghurts

**AVAILABLE DAILY:** Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

 **Future 50** Contains one or more of the top 50 most sustainable foods in the world!

 **Vegetarian**  **Vegan**  **Organic**











**For allergen content please speak to member of staff who will be happy to assist**

  
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# WEEK 2 MENU

w/c – 05/09, 26/09, 17/10, 07/11,  
28/11



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY	PLANET EARTH DAY	ORIGINALS DAY	STREET FOOD DAY	FRIDAY FAVOURITES
MAIN 1	Kofta Kebab	Wholemeal Cheese & Tomato Pizza  	British Roast Chicken	Oven Baked Katsu Style Chicken	Handmade Sausage Roll
Main 2	Oven Baked Vegan Meatballs in a Tomato & Oregano Sauce   	Spinach, Potato and Chickpea Curry  	Vegetarian Sausages 	Quorn Sausage Pattie Burger 	Vegetable Plait  
Carbohydrates	Spaghetti or Wholemeal Penne Pasta 	Garlic Bread, Braised Rice 	Roasted Potatoes or Wholemeal Penne Pasta 	Boiled White and Brown Rice or Penne Pasta 	Oven Baked Chips
Vegetables	Roasted Vegetables Mixed Salad 	Coleslaw	Garden Peas Fresh Carrots and Swede 	Broccoli Florets Sweetcorn 	Garden Peas Carrots Baked Beans 
Desserts	Watermelon Lollies Selection of Yoghurts	Apple Crumble and Custard Selection of Yoghurts	Chocolate Sponge & Chocolate Sauce Selection of Yoghurts	Freshly Made Vanilla Cookie Selection of Yoghurts	Bananas and Custard Selection of Yoghurts

**AVAILABLE DAILY:** Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



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# WEEK 3 MENU

w/c – 12/09, 03/10, 24/10, 14/11,  
05/12



	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	WORLD FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Mild Chicken Tikka	Freshly Made Burger in a Bun	Roast Chicken	Mixed Bean and Quorn Quesadilla	Oven Baked Fish Fingers
Main 2	Vegan Potato and White Bean Chilli   	Southern Baked Quorn Burger, Bun & Salad 	Lentil Sausage Roll  	Roasted Vegetable Wholemeal Pasta Bake   	Quorn Dippers  
Carbohydrates	Braised Rice or Wholemeal Penne Pasta 	Shredded Slaw, Salad & Dressings	Roast Potatoes or Penne Pasta 	Garlic and Parsley Bread or Penne Pasta 	Oven Baked Chips
Vegetables	Green Beans Sweetcorn 	Roasted Sweetcorn Broccoli Florets 	Roasted Carrots Roasted Parsnips 	Roasted Peppers Garden Peas 	Garden Peas Baked Beans 
Desserts	Fresh Oat and Lemon Cookie Selection of Yoghurts	Raspberry Jelly Selection of Yoghurts 	Chocolate Bread & Butter Pudding Selection of Yoghurts	Apple & Sultana Crumble & Ice Cream Selection of Yoghurts	Frozen Mango Sorbet Selection of Yoghurts

**AVAILABLE DAILY:** Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



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**Vegan**



**Organic**

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